



**PMCI**  
Performance Masters  
CAREER INSTITUTE

# PMCI NCLEX Integrated Curriculum & Tutor Training Program

PMCI has designed a comprehensive NCLEX curriculum that integrates American and British nursing education standards.



# Yearly Integration BSN Program

+ Performance Master Career Institute (PMCI) has designed a comprehensive NCLEX curriculum that integrates American and British nursing education standards. This program is offered in two tracks:

## ✔ 4-Year Integrated NCLEX + BSN Program

+ Additionally, PMCI provides NCLEX-certified Master Trainers from the USA to train Government Tutors of Pakistan through a 1-year structured training program, ensuring both students and tutors are aligned with international nursing education standards.

### Year-wise Question Distribution (4-Year Integrated Program)

Year	Total Questions	Weekly Practice	Monthly Test	Semester Exam	Certification
Year 1	200	5–10 Qs	20–25 Qs	100 Qs	Certificate after 6 months
Year 2	1200	50 Qs	200 Qs	600 Qs	Certificate after 6 months
Year 3	1800	75 Qs	300 Qs	900 Qs	Certificate after 6 months
Year 4	1800	75 Qs	300 Qs	900 Qs	Certificate after 6 months + Final NCLEX Degree

+ After every 6 months (semester), students who pass will receive a Certificate of Achievement.

+ At the end of 4 years, students will receive a NCLEX Integrated Degree Certification.



# Semester-wise Subject Mapping (Aligned with NCLEX Domains)

First Year (200 Questions)	
Semester 1 (100 Qs)	Semester 2 (100 Qs)
Fundamentals of Nursing-I (50) Anatomy & Physiology-I (20) Biochemistry (15) Microbiology (15)	Fundamentals of Nursing-II (50) Anatomy & Physiology-II (20) Community Health Nursing-I (20) Applied Nutrition (10)
Third Year (1800 Questions)	
Semester 3 (600 Qs)	Semester 4 (600 Qs)
Medical-Surgical Nursing-I (200) Clinical Pharmacology-I (150) Pathophysiology-I (150) Health Assessment-I (100)	Medical-Surgical Nursing-II (200) Clinical Pharmacology-II (150) Pathophysiology-II (150) Health Assessment-II (75) Professional Ethics (25)
Third Year (1800 Questions)	
Semester 5 (900 Qs)	Semester 6 (900 Qs)
Pediatrics (300) Maternal & Neonatal Nursing (300) Epidemiology / Infectious Diseases (300)	Mental Health Nursing (300) Public Health Nursing (200) Biostatistics (150) Principles of Teaching (250)
Fourth Year (1800 Questions)	
Semester 7 (900 Qs)	Semester 8 (900 Qs)
Critical Care Nursing (350) Nursing Research (250) Leadership & Management (300)	Geriatric Nursing (300) Trends & Issues in Health Care (200) Clinical Practicum / Portfolio (400)

# 3-Month Intensive NCLEX Crash Program (5000 Questions)

- + This fast-track program is designed for nursing graduates preparing exclusively for NCLEX. The 5000-question bank is divided across 12 weeks with weekly and monthly testing.

## Question & Assessment Distribution

Month	Weekly Questions	Monthly Total	Monthly Exam	Notes
Month 1	312, 313, 312, 313 Qs / week	1,250 Qs	Comprehensive Test (1,250 Qs)	<b>Core Content &amp; Fundamentals</b>
Month 2	437, 438, 437, 438 Qs / week	1,750 Qs	Comprehensive Test (1,750 Qs)	<b>Advanced Systems &amp; Application</b>
Month 3	500, 500, 500, 500 Qs / week	2,000 Qs	Final Mock Exam (2,000 Qs)	<b>Exam Strategy &amp; Final Review</b>

- + Total: 5000 Questions (over 12 weeks, 1st month 1250+2nd month 1750+3rd month 2000 = 5000). After completing the 3-month crash program, students will receive a Crash Program Completion Certificate and will be ready to sit for the NCLEX-RN Exam.



# NCLEX-RN Instructor Syllabus & Checklist (3-Month Program)

## Month 1: Core Content & Fundamentals

- Introduction to NCLEX-RN & CAT Format
- Foundations of Nursing Practice
- Pharmacology I – Drug Classifications & Calculations
- Health Promotion & Maintenance
- Safety & Infection Control
- Fluid & Electrolytes, Lab Values
- Mental Health Nursing – Basics
- Weekly Practice Tests & Review

## Month 2: Advanced Systems & Application

- Pharmacology II – Adverse Effects, Prioritization
- Medical-Surgical Nursing (Cardiac, Respiratory, Neuro, GI, Renal)
- Maternity & Newborn Nursing
- Pediatric Nursing Essentials
- Leadership, Delegation & Prioritization
- Client Needs & Legal/Ethical Scenarios
- Simulation Scenarios / Case Studies
- Mid-Term Mock NCLEX Exam + Review

## Month 3: Test Strategy, Next Gen NCLEX & Final Review

- Next Generation NCLEX Question Types (Case Studies, Matrix, Highlight, Drop-Down, etc.)
- Psychosocial Integrity
- Physiological Adaptation
- End-of-Life & Hospice Care
- NCLEX-RN Test-Taking Strategies & Time Management
- Full-Length Computer-Adaptive Mock Exams (2x)
- One-on-One Coaching Sessions
- Final Review & Readiness Assessment

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## Instructor Checklist

- Orientation completed (CAT format, NCLEX overview)
- Weekly tests administered & reviewed
- Mid-Term mock exam conducted & feedback provided
- Simulation/case study sessions completed
- 2 full-length CAT mock exams completed
- Individual student coaching sessions conducted
- Final readiness assessment completed

# Government Tutor Training Program

+ PMCI provides Master Trainers from the USA to train Government Nursing Tutors of Pakistan. The training runs for 1 month, during which tutors will continue teaching their students while being mentored in real classrooms.

## + Key Features

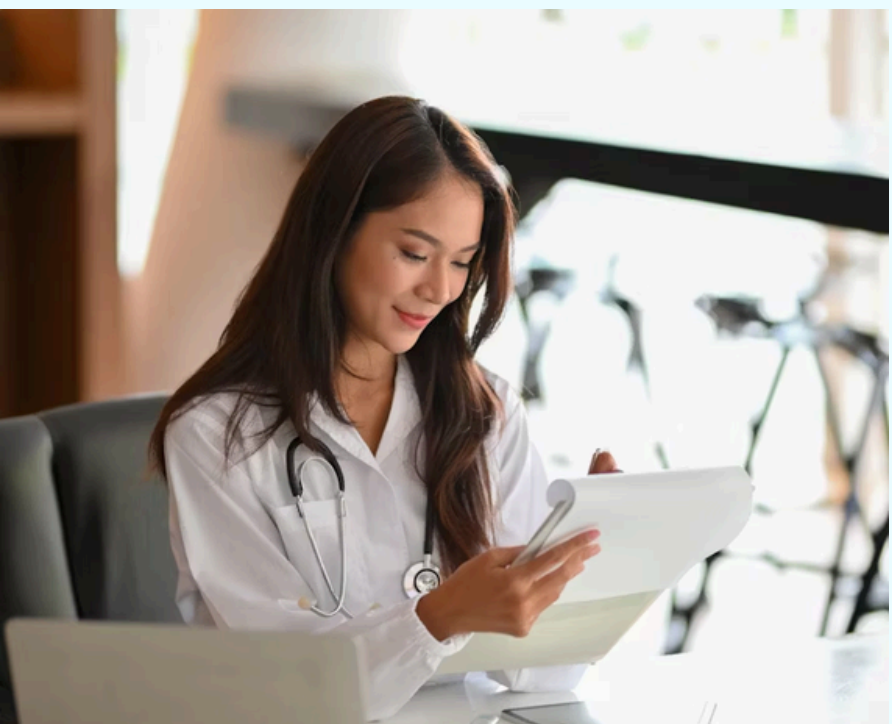
- ✔ Weekly specialized training class on NCLEX pedagogy and methodology.
- ✔ Advanced workshop on NCLEX-style teaching and assessment.
- ✔ Performance review and evaluation.

+ After 1 month of training, all Government Tutors must sit for the NCLEX-RN Exam.

+ Those who pass will be awarded a PMCI International Teaching Certificate and recognized as Certified International Nursing Tutors.

## Certification & Awards

+ End of 1-Month Tutor Training → PMCI International Teaching Certificate



# Eligibility Criteria for the Tutors:

+ **Must hold a Bachelor of Science in Nursing (BSN) or higher (MSN, DNP, or PhD preferred).**

- ✔ Graduate from an accredited nursing school.
- ✔ Must be a Registered Nurse (RN) with a valid license.
- ✔ Should have successfully passed NCLEX-RN/PN.
- ✔ Additional certifications like Certified Nurse Educator (CNE) are preferred.
- ✔ Minimum 2–3 years of clinical nursing experience.
- ✔ At least 1–2 years of teaching or mentoring experience (NCLEX prep preferred).
- ✔ Strong knowledge of NCLEX test plans, exam format, and NCSBN guidelines.
- ✔ Ability to teach critical thinking and test-taking strategies.
- ✔ Proficient in English communication (reading, writing, speaking).
- ✔ Skilled in lesson planning, curriculum design, and student assessment.
- ✔ Patient, approachable, and motivated to help students succeed.
- ✔ Commitment to continuous professional development and staying updated with NCLEX changes.
- ✔ Digital teaching skills (Zoom, LMS, simulations, question banks) are an advantage.





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